

List of things to bring to camp . . .

The Hope Soccer Camp has been developing soccer players for over a decade. In that time, we have developed a list of items that will maximize your camp experience. In preparation for attending the Hope Soccer Camp, we suggest that you pack the items included on the list below.



Clothing Items: All clothing should be modest and appropriate for a co-ed soccer camp. There is limited access to laundry facilities in the residence halls (requiring a pre-paid laundry card to be purchased from Hope College).

SOCCER AND CASUAL GEAR

- Soccer ball (balls may be purchased at the camp store for \$25)
- Shinguards** (required to be worn at all sessions)
- Soccer shoes (cleated or training shoes – break them in before coming to camp)
- Tennis shoes / sandals (for walking to / from the fields and in the dining hall)
- 6-10 pair shorts (for training time and leisure time)
- Swimsuit/towel (optional)
- 10 t-shirts
- 10 pair socks

LINENS

- Pillow and pillow case
- Sheets
- Sleeping bag or blanket
- Towel and washcloth

TOILETRIES

- Soap
- Shampoo
- Toothbrush and toothpaste
- Sunscreen
- Other Items
- Fan (residence hall rooms are not air conditioned)
- Water Bottle (water is available on the fields – proper hydration throughout the week is vital)
- Small amount of spending money
(\$15-50 for snacks, drinks, essentials, apparel at the camp store)